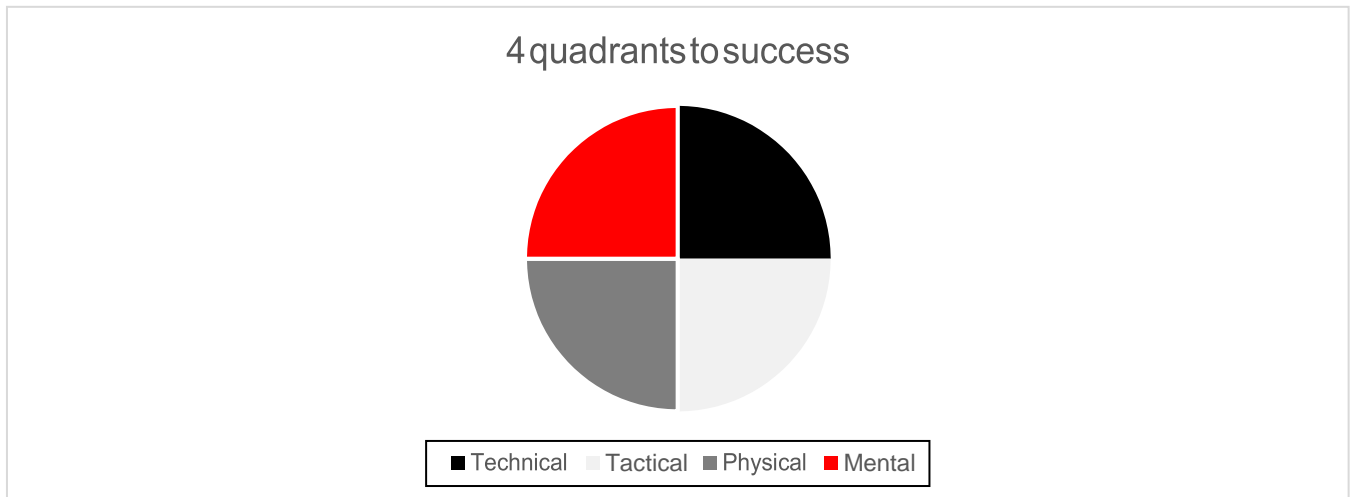


360 Cricket Academy Programming

Platinum	Gold Program	Silver Program
Weekly Sessions over 6 months (in-season)	10 x 1 Hour Session	5 x 1 Hour Session

Each athlete will have a designed program suited to each individual to maximise performance and improvement in the following 4 key areas for success:



- 60 minute intensive 1:1 cricket coaching sessions
- Your personal mentor and coach is with you every step of the way to help you achieve your goals.
- Focused on the specific technical, tactical, psychological and physical skill development requirements in batting, bowling, wicketkeeping and fielding.
- Individual error detection and positive correction
- Sessions include first class batting, bowling, wk and fielding drills specific to the player's needs and requirements.

- Bowling Machine use available

Contact us now to find out more about our programming

#beyourbest